

Doon Public School- Bhuj

Worksheet

Class: IV

Sub: Science

Chapter 1 and 2: Food and Health, The teeth

A. MCQS

1. Vitamin C is easily destroyed by
 - a) Sun drying
 - b) Cooling
 - c) Freezing
 - d) Heating
2. Wafers and pizza are the examples of _____
 - a) Protective food
 - b) Body building food
 - c) Junk food
 - d) Energy giving food
3. Which part of a tooth has blood vessels
 - a) Dentine
 - b) Pulp
 - c) Root
 - d) Enamel
4. The statement not true about the microbes, is
 - a) They are microscopic organism
 - b) Some bacteria are useful to us
 - c) Viruses are very useful to us
 - d) Yeast help in making cake spongy
5. Teeth helps in _____ the food
 - a) Chewing
 - b) Digesting
 - c) Absorbing
 - d) Excretion
6. Vitamins and minerals are also called as
 - a) Protective food
 - b) Body building food
 - c) Energy giving food
 - d) None
7. Maximum number of teeth in upper jaw.
 - a) 12
 - b) 16
 - c) 10
 - d) 15

8. Cavity is formed due to excessive intake of
- | | |
|-------------------|---------------|
| a) Sweet eatables | b) Salads |
| c) Fibrous food | d) Vegetables |
9. Essential substances present in food, that nourish the body are called
- | | |
|--------------|---------------|
| e) Elements | b) Nutrients |
| c) Resources | d) Components |
10. Which of the following vitamins is prepared in our body with the help of sunlight
- | | |
|--------------|--------------|
| a) Vitamin A | b) Vitamin B |
| c) Vitamin D | d) Vitamin K |

B. Fill ups

- Digestive juices are added in _____.
- Digestion of food starts from _____.
- _____ takes useful substances from the digested food and send to other parts of body.
- _____ is an example of energy giving food.
- Fruits and vegetables contain _____ and _____.
- _____ is the bone like structure which fix teeth to the jawbone.
- Microbes can only be seen through a _____.
- _____ is a layer on the teeth formed by bacteria.
- _____ is used for tearing food such as meat.
- The liver secretes a digestive juice called _____.

C. True and False

- Human beings need nutrients.
- Fats and carbohydrates are body building food
- Fibres clean the digestive system.
- The food passes to small intestine through food pipe.
- Acid in stomach kills germs present in food.
- Digestion of food is completed in large intestine.
- Incisors are the front four teeth.
- Teeth and gums have nerves.
- A hole in a tooth is called cementum.
- Do not eat anything after you brush your teeth at night.

Answers Key

A. MCQ'S

1. D
2. C
3. B
4. C
5. A
6. A
7. B
8. A
9. B
10. C

B. Fill ups

1. Small intestine
2. Mouth
3. Blood
4. Butter
5. Vitamins and minerals
6. Cementum
7. Microscope
8. Plaque
9. Canines
10. Bile

C. True / False

1. True
2. False
3. True
4. False
5. True
6. False
7. True
8. True
9. False
10. True

